

## LINCOLN MIDDLE SCHOOL

## SPARTAN NEWS

Welcome to March, Spartan families! We are in the midst of a flurry of concerts, competitions, club activities, sports seasons ending and beginning, and fast approaching the end of Term 3 and Spring Break.

This is a great time of year for our Spartan community to share a kind word, check-in with each other, and be mindful of the diverse ways we experience the world. In a world where you can be anything, Spartans, choose to be kind.

Need to set your notification preferences for school messages? Learn how [HERE!](#)



## LOOKING AHEAD

- Mar 4 - Wrestling Bi-State Tourney
- Mar 7 - Choir Concert @ LMS, 7:30pm
- Mar 9 - 6th Grade Band & Jazz Band  
Concert @ LMS - 7:30pm, Gym
- Mar 10 - Student Store Open
- Mar 11 - Regional Science Olympiad  
Competition in Spokane
- Mar 12 - Spring Forward! Begin  
Daylight Savings Time
- Mar 14 - LMS 6th Grade Choir at Large  
Ensemble Festival @ Garfield
- Mar 16 - LMS Bands and Orchestra to  
Large Ensemble Festival @ Palouse
- Mar 21 - LMS 7th/8th Choirs at Large  
Ensemble Festival @ Garfield
- Mar 24 - Student Store Open
- Mar 31 - End Term 3
- April 3-7 - NO SCHOOL, Spring Break
- April 10 - Begin Term 4, Semester 2  
STUDENTS RETURN TO SCHOOL
- April 14 - Student Store Open

# OFFICE UPDATES



<https://shop.game-one.com/washington/pullman/lincoln-middle-school>

**Get Geared Up for Track Season at LMS!**

# Spartan Gear Store

# REMINDERS

## ATTENDANCE PROCEDURES



**IF YOUR STUDENT WILL BE ABSENT, PLEASE CALL OUR OFFICE!**



LMS Attendance Secretary: Robin McDougle

Phone: 509-334-3411 option 1

Email: [rmcdougle@psd267.org](mailto:rmcdougle@psd267.org)

**If your student is sick:** Please call as early as possible to notify the office of the absence. Our nurse can provide you with guidance for your student's return.

**Doctor appointments or early pickup:** Call or email the office ahead of time and we will have your child waiting there for you. Upon arrival, come in to the office to sign "Excuse to Leave School Grounds". If your student returns to school the same day, please have them check in with the office prior to returning to class.

**If your student will be gone for 3 or more days:** Send a note with your child to give to the office before their absence, if they are in school. They will receive a Homework Sheet, which they will take to each of their teachers.

## PULLMAN SCHOOLS FOOD PANTRY



Pullman Schools Pantry Program is a free, optional, supplemental weekend food program for students in need of food assistance. It is not income based. Registered students will receive a bag of food at the end of each week when school is in session.

Registrations can be completed online, at <https://pullmanschoolspantryprogram.org/online-registration-form/>, or in paper format at the LMS office.

# MARCH STUDENT OF THE MONTH



SAMUEL LIMBURG



GRACE MILLER



NELSON LOOMIS

# CONGRATULATIONS

Congratulations to our March Students of the Month! The Student of the Month program is sponsored by Kiwanis club of Pullman. Students of the month are nominated by students and teachers, and criteria for selection includes good citizenship, thoughtfulness, volunteer activities, creativity and attendance. Recipients are recognized at a special luncheon with the Kiwanis club and receive \$50 (\$25 to go to the charity or project of their choice).



# SPORTS NEWS

## **LMS Track and Field Starts This Month!!**

Track and Field practices for 6th, 7th, and 8th graders will begin on Monday, March 13th. All students must meet all of the Athletic Requirements in order to participate in the first practice.

If your student has not participated in a sport this year, please be sure to fill out the proper paperwork online.

All athletes will need the Inherent Risk form for Track and Field filled out online.

Athletes who have not participated in a sport this year need to take the ImPact test (a concussion baseline test). Links for testing are sent to student emails - be sure to set aside about 20 minutes to complete the test.

Practices will be Monday-Friday after school from 3:00-5:00 p.m. at the track.

There will be a Family & Guardians Track and Field meeting at the beginning of the season, date to be determined.

The first Track and Field meet will be the week after Spring Break. As soon as we have the season schedule complete, it will be available on the LMS website, on our calendar. We are looking forward to the track season!

Go Spartans!

Jake Gion  
Assistant Principal

# SPORTS NEWS

## SPRING SPORTS

All students are welcome to come out for Track and Field. Students can choose to run, jump, throw, vault, skip, hurdle, and more during Track and Field season.

We encourage all our families to come out for a home meet some time this season and support our athletes. Bring a comfy chair and enjoy.

We can't wait to hit the track (or sandpit, or grass)!



### LMS EVENT CALENDAR

Schedule by sport can be found by visiting the LMS website:  
[https://lms.pullmanschools.org/activities/athletics/athletics\\_schedule](https://lms.pullmanschools.org/activities/athletics/athletics_schedule)

## SPORTS REQUIREMENTS

### Online Requirements

- Athletic Registration
- Emergency Contact Form
- Inherent Risk for each sport
- ASB Card Purchased - \$25

<https://wa-pullman.intouchrecepting.com/>

### Paper Requirements

- Physicals (needs to be updated every two years)

### ImPact/Concussion Testing

- One-time use link sent to your student's school email account. If not completed, coaches will set them up during practice.



# LIBRARY CORNER

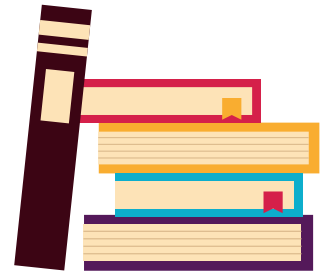
## General Library Information

The library is open from 8am-3:30pm, Monday through Friday. Students may use the library to check out books, read, work on class assignments, receive help with assignments, play games, and print school related items.

Our library catalog is available online. To view the catalog, visit the LMS Library Catalog (OPAC). Checked out books may be reserved by contacting Ms. Bordeaux either in person or via email.

## Borrowing Materials

- Students may check out five items at a time.
- Checkout periods are for two weeks.
- Books may be renewed an unlimited number of times (as long as another student has not reserved the book).
- Students may reserve books that are currently out by notifying Ms. Bordeaux.



## Late Books & Lost Book Fees

Students who have overdue books receive overdue notices via email and hard copies in their English classes.

Fines are entered into InTouch for overdue books.

To clear fines:

1. Return the book(s).
2. Replace the book with a new or gently used copy. We prefer this method, as we will then have the book available more quickly for our library.
3. To make payments go to the Pullman School District Online Payment Site at InTouch Receipting at <https://wa-pullman.intouchreceipting.com/>, or through Mrs. Kendall.



**JONNY  
FISHER  
DDS**

**650 SE Bishop Blvd,  
Ste 200  
Pullman, WA 99163**

**\*FREE\***

**Dental Services for Children**  
**March 11, 2023 (Saturday)**

**8am-1pm**

**Qualifications:**

- Ages 3-14 years old
- Use Medicaid or Apple Health
- Qualify for free or reduced lunch

**Service Provided:**

- Dental cleanings, x-rays, fluoride, sealants, simple extractions and simple fillings.

**Space is limited!**

**Please call or email for a reservation.**

**(509) 332-2366**

**[Info@jonnyfisherdds.com](mailto:Info@jonnyfisherdds.com)**

\*Children must be accompanied by a parent or legal guardian

\*Walk-ins welcome until 11am, as space is available





# LINCOLN MIDDLE SCHOOL CLUBS

Updated 2/23

## 2022-2023

<b>CLUB:</b>	<b>ADVISOR:</b>	<b>LOCATION:</b>	<b>TIME:</b>	<b>START DATE:</b>
Art Club	Emerson	Rm 501	3:00-4:00 Mon	Current
Builder's Club	Hamill	Rm 302	7:30 Wed	Current
Culinary Club	Moore	Rm 508	3:30-5:00pm M/W	Current
Chess Club	Dissmore	Rm 104	7:30-8:15a Tu	Current
Drama Club	Eiland	Commons	3:00-4:00pm Tu/Th	Current
Environmental Awareness Club (EAC)	Reilly	Rm 103	3:00-4:00pm Wed	Current
Gender & Sexuality Alliance (GSA)	Dissmore	Rm 104	3:00-4:00pm Mon	Current
Jazz Band	J. Covill	Rm 806	7:30-8:15am Tu/Th	Current
Jazz Choir	James	Rm 807	7:30-8:15am Wed/Fri	Current
Magic: The Gathering	Dissmore	Rm 104	3:00-4:00pm Tu	Current
Math Team	Hamill	Rm 302	3:10-4:30pm Thurs	Current
Photography Club	Eiland	Rm 404	3:00-4:00pm Mon	Current
Pokemon Club	Rodriguez	Rm 303	3:00-4:00 Thurs	Current
Rube Goldberg	Powers	Rm 508	3:00-4:00 Thurs	Current
Science Bowl	Haugen	Rm 505	3:00-4:00pm Mon	Current
Science Olympiad	Haugen	Rm 505	3:00-4:30pm Tu	Current
Spartan Minds	Viergutz	Rm 508	Lunch Fri	Current
Spartan Sprouts (Garden)	Haugen	Rm 505	3:00-4:00pm Fri	Current
Students of Color Alliance (SOCA)	Rodriguez	Rm 301	3:00-3:50pm Wed	Current
Yearbook Club	Eiland	Rm 404	3:00-4:00pm Wed	Current

*All LMS Students are encouraged to participate in at least one after-school club or activity*

# NATIONAL SCHOOL BREAKFAST WEEK



**MON**  
3/6

## Sunbutter and Jelly Smoothie

*Sunbutter, strawberries, yogurt and milk*



**TUE**  
3/7

## Pancakes and fruit

*Whole wheat pancakes with assorted fruit toppings*



**WED**  
3/8

## Apple Pie Oats

*Apples, cinnamon, oat, yogurt and milk*



**THU**  
3/9

## Breakfast Pizza With Hashbrown Crust

*Turkey, hashbrown, eggs, cheese and peppers*



**FRI**  
3/10

## Cheesy Egg, Potato and Turkey Bacon Bake

*Cheese, egg, potatoes and turkey bacon bake squares*



**TRY NEW BREAKFAST ITEMS ALL WEEK!**



# LINCOLN MIDDLE SCHOOL MARCH MENU 2023

MON TUE WED THU FRI



<b>FULL MEAL INCLUDES 3-5 FOODS CHOOSE AT LEAST ONE FRUIT +/- VEGETABLE</b>		
1	2	3
Twirly Curly Pasta + Garlic Bread Cheese breadstick + pizza sauce (v)	Chicken Strips + Waffle Hummus + Veggies Sunbutter Sandwich (v)t	Alaska Polluck Fish Sticks Oven Roasted Potatoes, Goldfish Crackers 100% Juice Bean or Garden Burger (v)



6	7	8	9	10
Domino's Smart Slice cheese (v) or pepperoni * Pizza Bread stick + pasta sauce	Nachos Beef + Cheese or Cheese (v) Seasoned Beans	8 French Toast + Hashbrown + turkey sausage Uncrustable Peanut Butter Sandwich (v)	9 Teriyaki Beef dippers, steamed vegetables, Brown rice Meatless Meatballs (v)	10 Hamburger on Bun Roasted Potatoes 100% Juice Bean or Garden Burger (v) sunbutter sandwich (v)

## NATIONAL SCHOOL BREAKFAST WEEK

13	14	15	16	17
Hot Dog Tater Tots Baked Beans	14 Chicken + cheese Burrito Seasoned beans	15 Macaroni + Cheese (v) + Green Peas Unrustable Peanut Butter Sandwich (v)	16 Beef + Lentil Chili or Bean + Lentil Chili (v) Cinnamon Roll	17 Chicken Patty Sandwich Roasted Potatoes 100% Juice Bean or Garden Burger (v)

20	21	22	23	24
Chicken Nuggets + Biscuit Tater Tots	Chicken Enchilada or Veggie Enchilada (v) Strawberries	22 Chicken Alfredo Pasta + Breadstick Unrustable Peanut Butter Sandwich (v)	23 Yang's Orange Chicken Steamed broccoli + Brown rice Mixed Berries	24 Sloppy Joe (beef) on bun Oven Roasted Potatoes 100% Juice Bean or Garden Burger (v)

27	28	29	30	31
Turkey Pepperoni Pinwheel Pizza	28 Beef soft Taco Seasoned Beans Cheese Quesadilla (v)	29 Cheesy Pasta Bake (v) Breadstick Unrustable Peanut Butter Sandwich (v)	30 BBQ Pineapple Meatballs Brown rice Steamed broccoli	31 Corndog ( chicken) Oven Roasted Potatoes, 100% Juice Bean or Garden Burger (v)



This institution is an equal opportunity provider



Meals include  
choice of  
assorted  
fruits +  
vegetables,  
and milk

\*contains pork  
Baked Beans + Retried  
beans may contain pork  
depending on product

Turkey + Cheese  
Deli Sandwiches  
available as  
alternate to main  
entree



Nutrition Services  
Contact:

509-332-5179  
nutrition@psd267.org