

LINCOLN MIDDLE SCHOOL

SPARTAN NEWS

Spart if you'd like to be a part of our school year, give us a visit: <https://www.pullmanschools.org/volunteer>, to support our PSD family. We would love to have you help out in our building!

Staff and students are back at it full tilt this week, with the end of the Semester fast approaching and MAPs testing underway.

If you'd like to get in touch with your student's teachers, you can find their emails listed on our website here: [Directory](#).



Students need
a charged
Chromebook at
school every day

LOOKING AHEAD

Jan 16 - NO SCHOOL, MLK Day

Jan 17 - NO SCHOOL, PD Day

Jan 18 - 6th grd girls basketball start

Jan 20 - Sports Picture Day

Jan 27 - LAST DAY of Semester 1

Student Store Open

Jan 30 - Begin Term 3, Semester 2

SEWMEA Jazz Choir Night

Feb 4 - SEWMEA Solo & Ensemble

Festival (choir, all day)

Feb 11 - Regional Science Bowl

Competition in Boise, ID

Feb 20 - NO SCHOOL, Presidents Day

Feb 23 - LMS Orchestra Concert

@ PHS, 7:30pm

Mar 7- LMS Choir Concert, Commons

Mar 9 - 6th grade Band & Jazz Band

Concert, @ LMS gym, 7:30pm

Mar 11 - Regional Science Olympiad

Competition, Spokane WA

Mar 12 - Begin Daylight Savings

REMINDERS

ATTENDANCE PROCEDURES



IF YOUR STUDENT WILL BE ABSENT, PLEASE CALL OUR OFFICE!



LMS Attendance Secretary: Robin McDougale

Phone: 509-334-3411 option 1

Email: rmcdougale@psd267.org

If your student is sick: Please call as early as possible to notify the office of the absence. Our nurse can provide you with guidance for your student's return.

Doctor appointments or early pickup: Call or email the office ahead of time and we will have your child waiting there for you. Upon arrival, come in to the office to sign "Excuse to Leave School Grounds". If your student returns to school the same day, please have them check in with the office prior to returning to class.

If your student will be gone for 3 or more days: Send a note with your child to give to the office before their absence, if they are in school. They will receive a Homework Sheet, which they will take to each of their teachers.



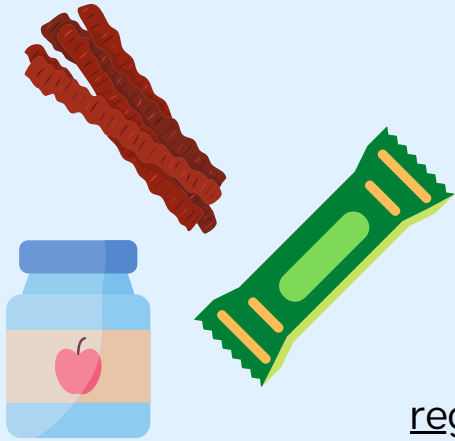
**NO SCHOOL
JAN 16 & 17**



MLK DAY & PD DAY

REMINDERS

PULLMAN SCHOOLS FOOD PANTRY



Pullman Schools Pantry Program is a free, optional, supplemental weekend food program for students in need of food assistance. It is not income based. Registered students will receive a bag of food at the end of each week when school is in session. Registrations can be completed online, at <https://pullmanschoolspantryprogram.org/online-registration-form/>, or in paper format at the LMS office.

FREE & REDUCED LUNCH APPLICATIONS

it's more than a meal application - the Free and Reduced Meals application can also provide assistance with health and wellness services, before and after school academic and enrichment programs, guidance and college counselors, fee waivers (like for ASB cards), and more. The application needs to be filled out yearly, so get yours done if you haven't yet for the 2022-2023 school year!

Applications are available at our [website page](#), or paper copies are available at any Pullman School District location. We also provide applications in Arabic, Chinese, Korean, and Spanish. Unsure if you qualify? Take a look at the table on the [2022-2023 Letter to Households](#) regarding meal applications.

With the passage of House Bill 1342 (2021), the State legislature eliminated the lunch co-pay for grades Pre-K and 4–12. *This means all students eligible for reduced-price meals in public schools operating USDA school meal programs can receive breakfast and lunch at no cost.* Students receiving benefits from state programs such as Basic Food or Medicaid automatically qualify for free/reduced priced meals. If you received an email stating your child or children automatically qualify, you do not need to complete a meal application.

SPORTS NEWS

SPORTS SCHEDULE

Jan 20 - Sports Picture Day
Jan 24 - Varsity Bball v Lapwai, Away
Jan 25 - JV Bball Game, Home
Jan 26 - Varsity Bball v Sacajawea Wrestling Meet @ Jenifer, Away
Jan 31 - Varsity Bball v Jenifer @ HOME
Feb 1 - Varsity Bball v Clarkston, Away JV Bball v Moscow @ HOME
Feb 2 - Wrestling Meet @ HOME
Feb 3 - Intramural Bball Game @ HOME
Feb 6 - JV Bball v Moscow, Away
Feb 7- Varsity Bball v Moscow @ HOME Wrestling Meet @ Moscow, Away
Feb 8 - JV Bball v Moscow @ HOME
Feb 9 - Varsity Bball v Lapwai @ HOME
Feb 10- Intramural Bball Game @ HOME

Schedule by sport can be found by visiting the LMS website:

https://lms.pullmanschools.org/activities/athletics/athletics_schedule

SPORTS REQUIREMENTS

Online Requirements

- Athletic Registration
- Emergency Contact Form
- Inherent Risk for each sport
- ASB Card Purchased - \$25

<https://wa-pullman.intouchrecepting.com/>

Paper Requirements

- Physicals (needs to be updated every two years)

ImPact/Concussion Testing

- One-time use link sent to your student's school email account. If not completed, coaches will set them up during practice.

WE NEED YOU!

Help our boosters raise funds for our students by volunteering to help with concessions! Helping with concessions is a great way to interact with kids in the school and families throughout the community. Bring your students to help out or bring a friend! Keep an eye on our weekly newsletter and social media for the sign up links.

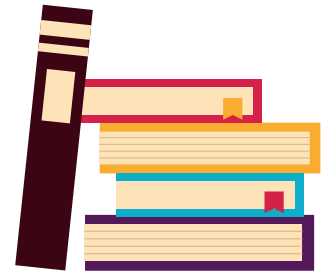
LIBRARY CORNER

General Library Information

The library is open from 8am-3:30pm, Monday through Friday. Students may use the library to check out books, read, work on class assignments, receive help with assignments, play games, and print school related items.

Our library catalog is available online. To view the catalog, visit the LMS Library Catalog (OPAC). Checked out books may be reserved by contacting Ms. Coke-Sutton either in person or via email.

Borrowing Materials



- Students may check out five items at a time.
- Checkout periods are for two weeks.
- Books may be renewed an unlimited number of times (as long as another student has not reserved the book).
- Students may reserve books that are currently out by notifying me.



Late Books & Lost Book Fees

Students will receive automatic emails once books are overdue and monthly hard copies are distributed.

All books that were due on or before February 1, 2023 will be considered lost, and fines entered in InTouch.

To clear accounts:

1. Return the book(s).
2. Replace the book with a new or gently used copy. We prefer this method, as we will then have the book available more quickly for our library.
3. To make payments go to the Pullman School District Online Payment Site at InTouch Receipting at <https://wa-pullman.intouchreceipting.com/>

LIBRARY CORNER

Thanks to everyone who participated in the annual Bookmark Design Contest! We had so many great entries this year.

Congratulations to our winners:

1st place: Lana Lenssen

2nd place: Katherine Bai

3rd place: Alyxandra Vance

Finalists: Vix Ellsworth, Amaya Lee, Anissa Campillo



First Place
2022-2023
Lana Lenssen
Eighth Grade

WELL DONE!



Second Place
2022-2023
Katherine Bai
Seventh Grade



Third Place
2022-2023
Alyxandra Vance
Seventh Grade



Finalist
2022-2023
Anissa Campillo
Seventh Grade



Finalist
2022-2023
Amaya Lee
Seventh Grade



Finalist
2022-2023
Vix Ellsworth
Eighth Grade

MUSIC NEWS

WSU PROFESSOR BRINGS MUSIC PERFORMANCE AND INSTRUCTION TO LMS

Dr. Christiano Rodrigues, left
Karen Nguyen, right
Nguyen and Rodrigues, below



WASHINGTON STATE
UNIVERSITY

Dr. Christiano Rodrigues is an award-winning international artist whose multifaceted career has defined him as one of the most versatile artists of his generation.

Dr. Rodrigues and Karen Nguyen, American Pianist, presented to our afternoon instrumental music classes on January 11th.

Click the bottom picture for a sample of the music performed by this excellent duo.



CHOIR NEWS

Wonderful December performances for our Pullman community LMS Jazz Choir, 6th Grade Choirs, and 7th/8th Grade Concert Choir!

Just before winter break, **all LMS choirs** performed at many locations in our community for our area senior residents. Residents at Regency of Pullman and Bishop Place, and seniors that attend Circles of Caring and the Pullman Senior Center, shared how much they appreciated the student performances and how they enjoyed the music and fun interactions with the students. The group sing-a-long the choirs do with the audience at the end of each performance is always a memorable part of the concert; during the sing-a-long students handed out cards they made for the residents to share well-wishes with them this time of year.

Now with the New Year there are many new performance opportunities for our LMS choir students:

- **7th & 8th Grade Concert Choir** has been busy during the first part of January preparing music for the **Martin Luther King Jr. Assembly**. This will be an assembly produced by the LMS Leadership, Band, Choir, and Orchestra classes.
- **Jazz Choir** is preparing to perform **Monday, January 30th** at the **South East Washington Music Educator Association's Bill Bolick Jazz Night**. This event takes place at Kimbrough Concert Hall on the WSU campus.
- Several choir members are preparing optional performances for solo and small group at the annual **South East Washington Music Educator Association's Solo/Small Ensemble Festival** on **Saturday, February 4th**. This year's festival will once again be held in Pullman at Lincoln Middle School. Students will perform for a judge and small audience in order to receive a rating based on specific vocal/choral performance criteria. They will also have the opportunity to work personally with the judge following their performance. All soloists/small groups will work at lunch time and/or afterschool with Mrs. James (unless they have a private voice teacher), as well as put in several hours of additional rehearsal time on their own in preparation for this event.

COMMUNITY SPOTLIGHT

"It's a new day in journalism, especially for small community newspapers like your Lewiston Tribune and Moscow-Pullman Daily News. We are relying more on relationships in the Northwest journalism community to ensure we continue to provide the quality reporting needed to meet our readers' needs. And that's a good thing."

The Lewiston Tribune featured an article on January 13th detailing their recent shift in reporting rosters. Longtime local reporters William "Bill" Spence, and Betsy Russell, of the Idaho Press, are recently retired from the beat, leaving significant roles to be filled.

And here's where those journalism relationships enter the story. Laura Guido, a former student of Pullman School District, "will be filing stories for the Tribune, Daily News and Idaho Press that have statewide significance, while maintaining a close watch on lawmakers and issues relevant to north central Idaho."

Rachel Sun, also previously a PSD student, is currently reporting for Northwest Public Broadcasting, though "for the last year has also been sharing health care-related stories both in print at the Tribune and Daily News as well as by radio broadcast."

Also reporting on the local news are former PSD students Hayat Norimine, at the Idaho Statesmen, and Ella Turner-Rahman, at Northwest Public Broadcasting.

Excerpts from a Lewiston Tribune article written by Craig Clohessy, managing editor of the Lewiston Tribune and the Moscow-Pullman Daily News



Left: Laura Guido, Center: Hayat Norimine, Right: Rachel Sun

SPARTAN MINDS
MATTERS PRESENTS

MIND BODY YOGA

Thursdays: 3:00-4:00 pm

STARTING JANUARY 2023

More information to come!
Watch LMS newsletter/
morning announcements
Do not need to be a club
member to participate



LINCOLN MIDDLE SCHOOL JANUARY MENU 2023



WINTER BREAK HAPPY NEW YEAR!



MON

TUE

WED

THU

FRI

09 Domino's
Smart Slice
cheese (v) or
pepperoni * Pizza
Bread stick + pasta
sauce

10 Chicken + cheese
Quesadilla
Cheese Quesadilla
(v)
Seasoned Beans

11 Pasta and
meatballs
pasta + meatless
meatballs (v)

12 Yang's Orange
Chicken Steamed
broccoli + Brown
rice

13 Corndog (chicken)
Oven Roasted
Potatoes
100% Juice

16 **Martin Luther King
Jr. Day**
No School

17 **Professional
Development Day**
No School

18 Chicken
Nuggets +
Cheese Biscuit

19 Chicken
Alfredo Pasta
Steamed
Broccoli

20 Hamburger
Roasted Potatoes
100% Juice

23 Cheese Pizza
ripper or
Pepperoni (beef)
pizza ripper

24 Soft Beef soft
Taco
Seasoned Beans
Cheese Quesadilla (v)

25 Cheesy Pasta
Bake (v)

26 BBQ Pineapple
Chicken
Drumsticks
Brown rice

27 Alaska Polluck
Fish Sticks
Oven Roasted
Potatoes
100% Juice

30 Hot Dog
Tater Tots
Baked Beans

31 Chicken +
cheese Burrito
Re-fried beans
Cheese Quesadilla (v)

1 Macaroni +
Cheese (v)

2 Teriyaki Beef
dippers, steamed
vegetables,
Brown rice

3 Chicken Patty
Sandwich
Roasted Potatoes
100% Juice

Nutrition
Services
Contact:
509-332-5179
nutrition@psd267.
org

Meals include
choice of
assorted
fruits +
vegetables,
and milk

v = vegetarian
*contains pork

This institution is an equal opportunity provider

